

15th February 2012

Italics indicate classes not currently in session



MONDAYS

DYNAMIC BALANCE with Victoria Shaw, 7:30-8:30am; 253-5734

STUDIO OPEN 9am – 4:30pm

DANCE 'N' STRETCH WITH MATWORK with Alicia Morton, Aurora Dance, 5-6:30pm, Feb 13th thru May 21st; 253-1499

DANCE 'N' STRETCH with Alicia Morton, Aurora Dance, 6:45-7:45pm; Feb 13th thru May 21st; 253-1499

STUDIO OPEN 8-9pm

TUESDAYS

ANUSARA INSPIRED YOGA with Kellie Finn, 9:30-11am; www.kelliefinn.com

STUDIO OPEN 11:30am-6:30pm

PRIVATE REHERSAL, Ann McNeal, 7-9pm; 253-4851

WEDNESDAYS

DYNAMIC BALANCE with Victoria Shaw, 7:30-8:30am; 253-5734:

STUDIO OPEN 9am – 4:30pm

DANCE 'N' STRETCH WITH MATWORK with Alicia Morton, Aurora Dance, 5-6:30pm, Feb 15th thru May 23rd; 253-1499

DANCENERGY with Alicia Morton, Aurora Dance, 6:45-7:45pm, Feb 15th – May 23rd; 253-1499

THURSDAYS

STUDIO OPEN 8am – 2pm

PRIVATE PRACTICE, Mary Bull, 2:30-4pm, Jan 19th thru May 17th (not 2/23, 3/15, 4/19); 549-5427

MODERN DANCE & REPERTORY with Mary Bull, The Valley Dance Project, 4-6:30pm, Jan 19th thru May 17th

(no class 2/23, 3/15, 4/19) mhbull@comcast.net

STUDIO OPEN 6:30-10pm

FRIDAYS

DYNAMIC BALANCE with Victoria Shaw, 7:30-8:30am, 2-3 thru 3-30; 253-5734; (no class 2-10 & 2-24)

KRIPALU YOGA FOR BEGINNERS, with Martha Ayres, 9:45-11am; 413 530-9456

STUDIO OPEN 11:30am – 3pm

PRIVATE PRACTICE, Alicia Morton, 3:15-4:45 Feb. 10th thru May 25th; 253-1499

SOOTHING STRETCH with Alicia Morton, 5-6pm; Feb. 17th thru May 25th; 253-1499

STUDIO OPEN 6:30-10pm

SATURDAYS

ANUSARA YOGA with Kellie Finn, 9:30-11am; www.kelliefinn.com

STUDIO OPEN from 11:30am most Saturdays for workshops, classes, private rehearsals and events

SUNDAYS

STUDIO OPEN all day most Sundays for workshops, classes, private rehearsals and events

Mindi Sahner, Director

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www.whitebarnstudios.com

Alicia Morton and Aurora Dance: www.auroradanceamherst.com
Mary Bull and The Valley Dance Project: www.valleydanceproject.com